



# 1001 INVENTIONS BOOK

*What do coffee beans, torpedoes, surgical scalpels, arches and observatories all have in common?*

*Were Leonardo da Vinci's flight ideas originals?*

*Who devised the casing for pill capsules and where did Fibonacci learn to flex his mathematical fingers?*

All these answers can be found here in '1001 Inventions: Muslim Heritage in Our World'.

Over 350 pages of colour photographs and written in an accessible style for those with limited knowledge of either Islam or history!

A golden age of civilization, from 600 and 1600 CE, will unfold, because medieval Muslims were trailblazers in fields as diverse as medicine and mechanics, cartography and chemistry, education and engineering, architecture and astronomy.

No area was too obscure to miss the scrutiny of enquiry backed up by rigid scientific experimentation.

So get comfortable with this guidebook and prepare to begin on a voyage of discovery through

a thousand years of science and technology into the lives of medieval pioneers whose ingenious inventions have helped create our world today.

"This glorious book overflows with the great ideas of the Muslim middle ages. From al-Jazari and his elegant clocks and al-Kindi and Ibn al-Haitham with their revolutionary optical theories, experiments, and books, to the astronomers who navigated across the desert by the stars, and the map-makers who put north at the bottom, every page is a mine of joyous information.

There are even recipes to try out, and everything is beautifully illustrated. I wish I had had this book fifty years ago."

#### PHOTO

*Adam Hart-Davis*; Photographer, Writer and TV Science Presenter of BBC Series 'What the Ancients Did for Us'.

## Australia's Muslims celebrate Prophet Mohammed's birthday

Laurie Ferguson MP

Thursday, 20 March 2008

Many of Australia's 340 000 Muslims will today celebrate the birthday of the Prophet Mohammed. Parliamentary Secretary for Multicultural Affairs and Settlement Services, Laurie Ferguson, said it was an important day for Muslims worldwide. 'On this day, Muslims are reminded of the teachings of the Prophet, including the path of understanding, friendship, helping one another, and being accepting of each other,' Mr Ferguson said.

'We cannot and should not forget the part Muslim Australians have played in Australia's development.

'People of Muslim faith have come to this country from all corners of the world and from the earliest times of settlement.

'They show their commitment to the future of Australia through their work in almost every sphere of community life, economically, culturally and socially.

'What people often don't realise is how many Muslim communities there are in Australia, with people originally from South-East Asia, South Asia, the Middle-East and Africa, not to mention the nearly 40 per cent Muslim Australians who were born here.

'I extend my warmest greetings to all Australian Muslims on this important anniversary of the Last Prophet of the Islamic faith,' Mr Ferguson added.

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To order a copy, email [information@1001inventions.com](mailto:information@1001inventions.com)

# Active opportunities for children

All around Australia nearly 150,000 children are playing sport and getting active thanks to the Active After-school Communities program. The Australian Government program, managed by the Australian Sports Commission, aims to increase the level of activity among primary school-aged children.

From the remote Tiwi Islands in the Northern Territory, to Macquarie Fields in Sydney the program is found all over Australia in over 3200 remote (9% of sites), regional (38%) and metropolitan areas (54%).

The success of the program lies in the community partnership approach. Over 3200 schools and outside school hour care services are involved, and over 20,000 local community coaches have undertaken the free Community Coach Training program. Plus, there are national and state sporting organisations, sporting clubs, local community organisations and private providers of sports programs all helping to ensure the program is a success. All partners are committed to delivering a quality, safe and fun, after-school physical activity program for primary school-aged children.

Judy Flanagan, Australian Sports Commission Director of Community Sport believes that the program gives children the opportunity to beat inactivity, and also has many social benefits. 'Since the program began in 2005 we have seen so many great things happen in the children's lives.

Teachers have come to me and told me that bullying in the playground has decreased because the kids are playing the games we've taught them. Others have said they've seen more integration amongst the children as their sense of pride grows, being part of the program'. Ms Flanagan went onto say 'We target traditionally inactive children from all backgrounds and have found that through sport and activities cultural and religious barriers can be minimised and social inclusion encouraged.'

**“ON THE DAY, MANY FRIENDSHIPS AND NETWORKS WERE FORMED BETWEEN PARTICIPANTS. FOR MANY PARTICIPANTS IT WAS THE FIRST TIME THEY HAD VISITED THE ATHLETIC CENTRE. “**

In 2006 a three year pilot program called the All Australian Sporting Initiative (AASI) was introduced to Lakemba and Macquarie Fields regions to build on the foundations of the AASC program. Delivered with local community support, AASI aims to promote inclusion and participation, encourage parental involvement, foster community links and strengthen social harmony and social cohesion.

The benefits of sports towards social inclusion were recently demonstrated at a multi sport gala day. The All Australian Games had over 700 children participating from 14 primary schools.

Helping on the day were high school students, representatives from state and government agencies, local community organisations, plus state and local sports clubs.

Fatima Kourouche, AASI Community Sport Coordinator said 'on the day, many friendships and networks were formed between participants. For many participants it was the first time they had visited the Athletic Centre. After trying some new activities the children built their confidence to pursue the sport at their local sports club.'

The Australian Sports Commission provides the free Community Coaching Training Program at locations all around Australia.

For more information on the AASC program, including the contact details of your AASC state office, visit [ausport.gov.au/aasc](http://ausport.gov.au/aasc)

If you would like to know more about the AASI program please contact Fatima Kourouche on

Phone 8765 2556 or  
Mobile 0448 466 893 or by e-mail [fatima.kourouche@ausport.gov.au](mailto:fatima.kourouche@ausport.gov.au)

**ORDER OF AUSTRALIA OBSERVANCE PRAYER  
AUSTRALIAN WAR MEMORIAL**

17 FEBRUARY 2008

IN THE NAME OF GOD, THE BENEFICENT, THE MERCIFUL



GREETINGS OF PEACE

- ASSALAMU ALAIKUM (Muslim)
- SHALOM (Jewish)
- PEACE & GOD BLESS (Christian)
- HEPING (Budhist)
- SHANTI & NAMASTE (Hindu)

First of all let me acknowledge the traditional owners of the land on which we meet today, the Ngunnawal people. May I also acknowledge the Governor General of Australia Hon. Michael Jeffery and Mrs Jeffery, Religious and Community Leaders, Ladies and Gentlemen.

I am indeed honoured and happy to share this moment and some thoughts with you all.

I now read you a verse from the Holy Quran from Surah Al Ma'idah verse 69:

*Al-Ma'idah (The Table Spread) 5:69*

*For, verily, those who have attained to faith [in this divine writ], as well as those who follow the Jewish faith, and the Sabians, and the Christians - all who believe in God and the Last Day and do righteous deeds - no fear need they have, and neither shall they grieve.*

I would like to add that in the present day multicultural Australia, people of many races and religions have come together with our Aboriginal communities to live as one nation. It is therefore imperative on all faith communities to establish ways and means of interaction with each other so that we can develop better understanding and be supportive of each other on all issues, which affect the well being of our society and the Australian people as a whole.

There is no doubt in my mind and I am sure you all agree with me that the answers and solutions for a peaceful and harmonious society lies in dialogue between peoples and in particular between peoples of faith where religion is used to remove hatred from the hearts of the people and to re-establish trust and faith and acceptance of each other.

It is important for the religious heritage of our faiths to be drawn upon for the good of humanity. With so much in common among the people of the faith, the same moral values and the common goals, the people of the faith should be natural allies in working together for humanity to establish peace, justice and prosperity in this world. Australia is uniquely placed to show the way to the rest of the world.

Finally, I extend my warmest best wishes and prayers to all attendees and the organizers of this event.

Peace and blessings of God be on us all.

Ikebal Adam Patel

President, Australian Federation of Islamic Councils

# Jewish board to appoint Muslim adviser

Riazat Butt, religious affairs correspondent for the London Guardian

8 January 2008

The Board of Deputies of British Jews is planning to recruit a Muslim adviser as part of a scheme to link schools dominated by a single faith. The adviser will help develop religious and culturally sensitive programmes that will appeal to Jewish and Muslim schools taking part in its Shared Futures project, which fosters respect between pupils from the two faith communities.

The Board of Deputies is the first religious organisation in the UK to launch such a scheme, which complies with government requirements on promoting community cohesion in state-maintained faith schools. From September the UK schools watchdog, Ofsted, will evaluate whether this is being done.

Alex Goldberg, the director of community issues at the Board of Deputies, said: "By recruiting a Muslim schools adviser we will be able to create more links with the growing number of Muslim faith schools. What we find is that there is a diversity of what is culturally and religiously acceptable and what isn't. It's about having someone with that knowledge. There is a need to bring in a specialist so the advisers can work together to create something that suits pupils from both backgrounds." Some faith schools have strict guidelines on what they can and cannot teach about other religions and may want to avoid direct interfaith activity, he added.

Last year the UK Schools Secretary, Ed Balls, presented a joint policy statement with representatives from Christian, Jewish, Muslim, Hindu and Sikh groups to endorse faith schools as a force for improving social cohesion in the country.

-from Guardian News and Media Limited 2008

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# The Best of You Will Not Hit

*Some of the hardest phone calls we have to deal with are the ones that come with broken hearts and tears from wives whose husbands fail to communicate with them in an Islamic manner. Some husbands believe they are being manly by using violence, beating, cursing, insulting and humiliating their families to get what they demand.*



The month of October has been designated as Domestic Violence Awareness month, which prompted me to write about this detestable social disease. Although we know that as a community we may not have the alarming number of cases of Domestic Violence (DV) as some other communities, we cannot hide from the truth that it does happen among Muslim and Arab families.

I agree with those who define DV as abuse from husband towards wife, wife towards husband, parents towards children, and children towards parents, and that the abuse can be physical, sexual, verbal or social, but I have chosen to write specifically about the abuse of husbands towards their wives because it is more common (assumingly) in our community (when it happens).

As Imams, we should be in touch with issues affecting our community, and we cannot turn our backs away from dealing with such social diseases. Educating people, bringing awareness and extending a helping hand to those in need are among a few of the things we can do.

Domestic violence is a huge topic, and these are only a few words of advice I hope will shed some light on this shameful act.

## First:

We have to agree that domestic violence and abuse are prohibited (Haram) in Islam because Allah prohibited aggression and hurting others.

1. Allah said in the holy Hadith: (My servants; I have made aggression unlawful to me and I ordained it as unlawful to you, so do not be aggressors toward each other). Hadith narrated by Imam Muslim.
2. When the Prophet (PBUH) sent Muaz to Yemen he told him: (O Muaz, be aware of the supplication of someone being oppressed. There are no barriers between his supplication and Allah). Hadith narrated by Imam Bukhari.
3. The Prophet (PBUH) said: (Keep away from oppression (or aggression), oppression is darkness on the Day of Judgment). Hadith narrated by Imam Muslim.
4. The Prophet (PBUH) said: (The Muslim is the brother of the Muslim. He shall not oppress him or humiliate him or fail to support him. Taqwa is here (pointing to his chest) (saying that 3 times). It is (an act) of evil to disgrace his Muslim brother. Everything (sacred or

protected) of a Muslim to a Muslim is Haram; his blood, money and honor). Hadith narrated by Imam Muslim.

## Second:

We have to agree to abhor and prohibit beating especially among family members. This is how we really follow the path of the Prophet (PBUH). The way of life the Prophet of Islam lived shall clarify all wrong concepts from people giving themselves a green light to beat their wives.

1. Aisha said: (The Prophet (PBUH) never raised his hand to a woman or a servant). Hadith narrated by Imam Muslim and Abu Daoud.
2. The Prophet (PBUH) said: (Let no one beat his woman like a slave and ask her for bed at the end of the day) Hadith narrated by Bukhari.

## Third:

We have to do our best to promote Islamic values among family members in order to enjoy the true meaning of being a family.

1. Allah said: {And among His Signs is this, that He created for you wives from among yourselves, that you may find repose in them, and He has put between you affection and mercy. Verily, in that are indeed signs for a people who reflect}. Al Room 21.

2. Allah said: {And live with them (wives) honorably}. Al Nisa 19.

3. Allah said: {you (men) are clothes (cover) to them and they (women) are clothes (cover) to you}.

4. The Prophet (PBUH) said: (The perfect believers in faith are those who are the best in their morals and most caring and loving to their families). Hadith narrated by Imam Tirmithi.

5. The Prophet (PBUH) said: (The best among you are those best to their families). Hadith narrated by Imam Ibn Majah and Al Hakem.

6. The Prophet (PBUH) said: (let no (male) believer hate a (female) believer (wife), for if he hates one manner, it may be that he will love another). Hadith narrated by Imam Muslim.

#### Fourth:

All should know the importance of the role of the Imam in the community, and for this we remind you of the following:

1. The Imam should be a trusted figure in your community to approach with your problems.

No sister or brother facing family problems should feel uncomfortable talking to an Imam. No husband should threaten his wife by divorce if she seeks help to improve her marriage. No woman should feel exposed if she contacts the Imam for help. Please, do not wait until issues reach processing divorce papers to call the Imam. We want to help you save the marriage and protect the family as much as we can. The earlier we are contacted the better we can help, inshaAllah.



2. Many people do not feel comfortable when they are asked to seek mental healthcare through professional help. They feel it's a taboo issue in the culture or community. Why then delay the communication with the Imam who may be able to help you find solutions and direct you to what is needed, insha Allah?

3. Let us remind you that all matters discussed in the office of the Imam are protected and strictly confidential. We hope that you will feel comfortable knowing that the Imam, with his knowledge of religion, culture and community, would be better able to relate to your needs than someone unfamiliar with our religion and culture.

4. Another important aspect is the financial burden. Sometimes legal fees can destroy your life financially, sucking dry everything you have worked for. Marriage counseling in Islam is a trust (Amana) on us, and there are never any fees which might discourage you from seeking help.

#### Finally:

We ask Allah to make all the families' lives enjoyable and beautiful with tranquility, love and mercy. Allah will have mercy on people who have mercy. Let husbands have mercy on wives and let wives have mercy on husbands, and let mercy be our theme for life as the Prophet himself (PBUH) was described in the Quran: {We have not sent you (O Muhammad) but as a mercy to mankind}.

Sh. Kifah Mustapha

*Imam and Associate Director*

*The Mosque Foundation of Chicago*



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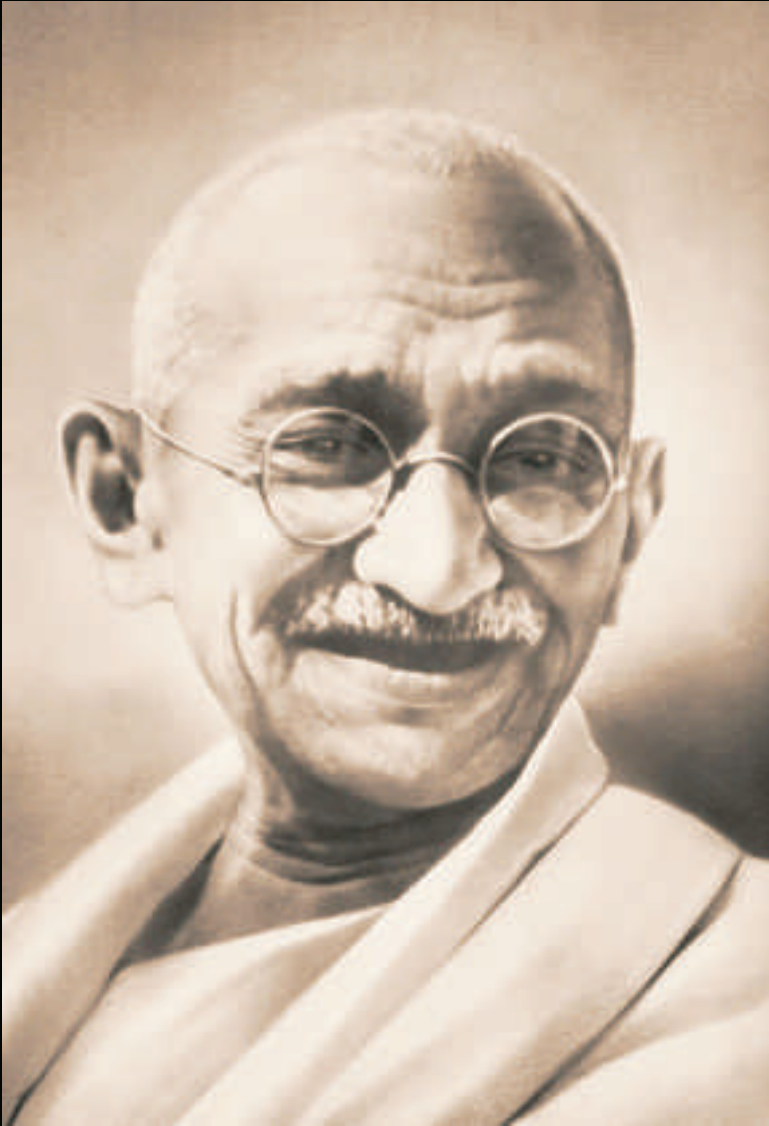
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## 60<sup>TH</sup> ANNIVERSARY OF MAHATMA GHANDI MARTYRDOM

Message from President of Australian Federation of Islamic Councils Presented in the NSW Parliament on 30th January 2008

By Mr Ikebal Adam Patel

The Qur'an describes Islam as the abode of peace:

*"And Allah summons to the abode of peace, and leads whom He wills to the straight path" (10:1).*

Indeed the word Islam means submission and is a derivative of the word salaam meaning peace. Islam is peace with God, peace with man, and peace with one's own self. The Muslim greeting consists of the word salaam (peace).

It is important, therefore to send out this message of peace, friendship, religious freedom, justice, trust and acceptance to all of humanity. We as human beings are only valued when we put into practice these attributes in our daily lives and persuade others to embrace these values.

Every opportunity towards understanding and acceptance of the other is indeed an honorable goal.

The strength of conviction and self less effort exerted by Mahatma Gandhi throughout his life time should stand as a beacon to humanity that human life is of utmost value and people of different faiths can coexist alongside each other. Respect for human dignity and inter communal harmony and peace building is a cause worthy to strive for. Greed, avarice and political manipulation is the thief of all that is good, wholesome and beneficial to humanity. If left unchecked, what type of world will our legacy be?

The Quran reminds us:

*"O mankind! We created you from a single soul, male and female, and made you into nations and tribes, so that you may come to know one another. Truly, the most honored of you in God's sight is the greatest of you in piety. God is All-Knowing, All-Aware." (49:13)*

Let us honor this sentiment and extend our hand of friendship and love to our fellow human being, irrespective of color, creed or conviction. It takes only one person to touch the heart of another with friendship and compassion. Let us make this our commitment, for a peaceful and more tolerant community embracing one and all, in justice and fairness.





NSW Police

# NSW POLICE MEDIA RELEASE

## POLICE ISSUE WARNING TO CAR OWNERS



In the recent months, there has been a significant increase in motor vehicles being broken into and property being stolen from motor vehicles. Areas such as Fairfield, Fairfield East, Bossley Park, and Wetherill Park, have recorded high number of steal from motor vehicle incidents in the last couple of months.

Thieves are targeting unattended parked vehicles in residential areas, shopping centres, pubs and club car parks. The most common items that are being stolen are GPS units, mobile phones, car audio equipments and tools.

Leaving doors and windows open or unlocked, or leaving property in the cabin areas of the car often make it easy for the thief to steal property from cars. To reduce the incidence of theft from cars in this area follow these simple rules;

- When leaving your car unattended even for short periods of time, close all windows, remove the key from the ignition, lock all doors.
- Ensure that you remove all property from view, especially Global Positioning Systems (GPS), mobile phones, bags, money in consoles when you leave your car, either take it with you or lock it in the boot.
- Use caution when taking goods to your car in shopping centres. Some thieves watch owners take property to their cars and steal the property when they leave the car.

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## AFIC HALAL SERVICES

# INGREDIENTS: THEIR SOURCES AND USES

**Cysteine.L form** - Source: an amino acid, human or horse, or (sometimes from deceased women). Use: nutrient in bakery products.

**Dextrin** - Source: starch. Use: prevents caking of sugar in candy, encapsulates flavor oils in powdered mixes, thickener.

**Dextrose (corn syrup)** - Source: starch. Use: sweetener, coloring agent in beverages, ice cream, candy and baked goods.

**Diglyceride**: Emulsifier. If of animal origin it should be suspected till the source is known.

**Dough Conditioners** - Sources: calcium stearoyl-2-lactylate, or animal fat. Use: to improve the texture of bread. Often it will contain mono and diglycerides.

**Emulsifiers** - Source: fats (animals or vegetable, synthetic). Use: binding oils and water, thickening, a preservative in baked goods, reducing ice crystals and air bubbles in ice cream.

**Erythroic Acid** - Source: synthetic. Use: preservative.

**Ethyl Vanillin** - Source: synthetic, bark of spruce tree, or wine alcohol. Use: as a flavor instead of vanilla or to fortify it.

**Fats** - Source: animal or vegetable. Substances that are solid at room temperature are fats, those that are liquids at room temperature are oils.

**Fatty Acids** - Source: animal or vegetable fats. Use: emulsifiers, binders and lubricants.

**Glucose** - Source: fruits and other plants such as potatoes and corn. Use: sweetener and coloring agent.

**Glycine** - Source: gelatin, animal or vegetable oil. Use: in cereals. Also as flavor enhancer.

**Glycerol Monostearate** - may be of animal origin.

**Glycerine** - Source: beef fat, petroleum, or vegetable. Use: as a solvent or a humectant (maintains the desired level of moisture).

**Gum Arabic, Gum Acacia** - Source: trees. Use: thickening agent, emulsifier, stabilizer.

**Gum Base** - Source: trees (chicle, natural rubber, etc.), synthetic butyl rubber, paraffin, polyethylene, vinyl, resin, glycerol monostearate. Use: in the manufacture of chewing gum.

**Gum Guaiac** - Source: trees. Use: antioxidant.

**Guar Gum** - Source: plants. Use: extender for pectin, stabilizer and thickener for spreads, syrup, sauces, salad dressing and licorice.

**Gum Tragacanth** - Source: shrubs. Use: thickening agent. Herb derived from green leaves or herbaceous part of the plant.

**Hormones**: Usually animal hormones are used for human consumption. One has to find out the source before passing a judgement.

**Invert Sugar (Inversol nulomoline colorose)** - Source: cane sugar. Use: sweetener.

**Invertase (Invertin)** - Source: molasses, corn starch, glucose. Use: preservative, flavoring. (Lactic acid can also be produced from whey, but its use is restricted to ice cream and cream cheese).

**Lactose (Milk sugar)** - Source: whey. Use: sweetener, humectant and nutrient.

**Lard**: Fat from swine particularly found in the abdominal cavity. Totally Haram for us.

**Lauric Fats** - Source: coconut, palm oil. Use: with or instead of cocoa butter.

**Lecithin** - Source: soybeans, corn oil. Use: emulsifier and preservative, especially in chocolate.

**Lipids** - Source: animal or vegetable fat. Use: shortening, flavoring, thickener.

**Lysine, L and DL Forms** - Source: casien, fibrin, blood. Usually synthesized.

*Look out for the next edition when we present more ingredients for your consideration.*



Australian Government  
Australian Sports Commission  
Office for Women



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*This program is jointly funded by the Australian Sports Commission and the Office for Women.*

